## BEFORE THE ARIZONA STATE

#### BOARD OF HOMEOPATHIC MEDICAL EXAMINERS

In the Matter of the Informal Interview of:

STANLEY R. OLSZTYN, M.D. (H.)

Holder of License No. 004 for the practice of homeopathic medicine in the State of Arizona Complaint No. 95-08

CONSENT TO ENTRY AND FINDINGS OF FACT, CONCLUSIONS OF LAW AND ORDER

This matter came before the Arizona Board of Homeopathic Medical Examiners for Informal Interview at public meetings held at 1400 W. Washington, Phoenix, Arizona, on March 27, 1996, April 5, 1996, January 22, 1997 and March 26, 1997, to determine whether grounds existed for the imposition of discipline against Stanley R. Olsztyn, M.D. (H.). Dr. Olsztyn was represented by various attorneys throughout these proceedings: Susan Robbins, Harry Friedlander and Stephen Myers, respectively. The Board granted appropriate continuances throughout these proceedings to accommodate the changes in representation. Dr. Olsztyn presented exhibits on his behalf and testified to the Board. The proceedings in this matter are governed by A.R.S. §32-2934.

Having heard the testimony of the witnesses, having read and considered the exhibits presented as well as the documents and correspondence contained in the complaint file, having heard the testimony and arguments of Dr. Olsztyn, the Board concluded the informal interview and agreed to enter into a consent agreement and order as a final disposition of this matter.

THEREFORE, it is hereby stipulated and agreed that the Consent Agreement and Order represent a compromise of a disputed matter between Stanley R. Olsztyn, M.D. (H) and the Board, and that the Consent Agreement and Order has been consented to by Stanley R. Olsztyn, M.D. (H) for the sole purpose of settling this dispute by agreement, and that nothing contained herein constitutes an admission by Stanley R. Olsztyn, M.D. (H) for any purpose other than to conclude this disputed matter before the Board, with the exception that Stanley R. Olsztyn, M.D. (H) agrees not to contest the findings of fact and conclusions of law contained in the Consent Agreement and Order for purposes of determining sanctions in this matter or at any future disciplinary proceeding by the Board.

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- (1) Dr. Olsztyn admits that sufficient evidence exists for the Board to make the findings of fact and conclusions of law set forth hereafter.
- (2) Dr. Olsztyn admits that the conduct described in this order is unprofessional conduct as provided by A.R.S. §32-2933 and as more specifically stated in the findings of fact and conclusions of law set forth hereafter.
- (3) Dr. Olsztyn waives any right to rehearing or review or to judicial review of the findings of fact, conclusions of law or order.
- (4) Dr. Olsztyn acknowledges that in view of the findings of fact and conclusions of law contained in this order, and pursuant to A.R.S. §32-2934 et. seq., the Board is authorized to take disciplinary action against his license to practice homeopathic medicine.

(6) Dr. Olsztyn acknowledges that any record prepared in this matter, all investigative materials prepared and received by the Board concerning the allegations, and all related exhibits and materials may be retained in the Board's file pertaining to this matter.

day of

Stephen W./Myers

Attorney at Law

for Stanley R. Olsztyn, M.D. (H)

I, Stephen W. Myers, hereby attest that I have discussed the Consent to Entry and Findings of Fact, Conclusions of Law and Order with my client, Stanley R. Olsztyn, M.D. (H) and have his authority by my signature to bind him to same.

Sworn and subscribed to before me this 300 1997.

ETHEL M. ARMENT NOTARY PUBLIC-ARIZONA **MARICOPA COUNTY** 

Notary

Pursuant to the foregoing consent to entry of order, the evidence contained in this Board's records and files in this matter, and good cause appearing, the Board enters the following Findings of Fact, Conclusions of Law and Order.

#### FINDINGS OF FACT

The Arizona Board of Homeopathic Medical Examiners ("Board") is that body politic created and empowered pursuant to A.R.S. § 32-2900 et seq., to administer the laws of the State of Arizona relating to the Practice of Homeopathic Medicine.

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- 2. Stanley R. Olsztyn, M.D.(H.) ("Olsztyn") is the holder of license number 004 to practice homeopathic medicine in Arizona.
- 3. Beginning in or about December 1985, M.J. became a patient of Olsztyn's.
- 4. Beginning in or about October 1994, Olsztyn began a personal relationship with M.J. that included consensual sexual relations. At approximately this time, M.J. also became his office manager.
- 5. Statements from Olsztyn's office staff show that his doctor/patient and personal relationships with M.J. were common knowledge.

- 6. Notes from Olsztyn to M.J. contain both references to their doctor/patient relationship and their personal relationship.
- 7. On April 14, 1995 Olsztyn sent to M.J. by certified mail a letter stating that he was terminating the doctor/patient relationship.
- 8. On April 15, 1995, Olsztyn caused the Phoenix Police Department to serve M.J. with a restraining order preventing her from being at the office and terminating her services as office manager.
- 9. On June 23, 1995, Olsztyn wrote to M.J.'s insurance carrier, stating that he had terminated the doctor / patient relationship as of April 14, 1995, and advising them that M.J.'s patient records were missing.
- 10. In a letter dated March 16, 1996, and in statements made to the Board on March 27, 1996, Olsztyn admitted to having a

sexual relationship with M.J. between January and April 1995.

- 11. Olsztyn denied M.J. was his patient during the time of their sexual relationship. Olsztyn stated that on or about October 1994 when M.J. became his office manager, Olsztyn terminated the doctor/patient relationship, except in emergency situations, and that documentation of this termination was placed in M.J.'s missing patient file. Olsztyn stated his ex-wife's private investigator had retrieved the termination note from the office trash. The note was not presented to the Board.
- 12. On or about August 10, 1993, Olsztyn wrote a prescription for Dexedrine to Jason Lochrie, his son. The prescription was filled at Crandall's Pharmacy on August 25, 1993 (Rx# 235937).
- 13. Between October 2, 1995 and June 20, 1996, four (4) prescriptions for Penicillin, Synthroid and Prozac were called into and filled by Osco's for "Jason Lake" a person having the same address as Olsztyn's son.
- 14. Olszytn denied having treated or written any prescriptions for his son, except on one emergency occasion.
- 15. Between November 11, 1993 and April 4, 1994, Olsztyn wrote six (6) prescriptions for Dexedrine to V.L. These prescriptions were filled at Crandall's (Rx #237764, 238326, 239258 and 239786), Smitty's (Rx #115311) and Mack's Pharmacy (Rx #127385).
- 16. Between April 18, 1994 and May 3, 1994, Olsztyn wrote four (4) prescriptions to V.L. for Percodan. These prescriptions were filled at Osco's (263118, 279004, 300235) Crandalls (241808).

- 17. Between May 5, 1994 and August 31, 1994, Olsztyn wrote five (5) prescriptions to V.L. for Percodan, Percocet, or Tenuate. These prescriptions were filled at Osco's (312102, 313263) Crandalls (241808) Smitty (118115) Cornerstone (3811, 4801).
- 18. On August 19, 1994 Olsztyn wrote a prescription for Percodan to "V. Schlosser," a person having the same address as V.L. That prescription was filled at Cornerstone (5964).

- 19. On September 23, 1994, Olsztyn wrote one (1) prescription for Dexedrine to V.L., who was at that time his mother-in-law. The prescription was filled at Mack's Pharmacy (Rx #128771).
- 20. Olsztyn's records for V.L. show May 4, 1994 as the last date of treatment. None of the prescriptions listed in paragraphs 15 through 19 are noted in V.L.'s patient records.
- 21. Olsztyn stated that he had prescribed psychoactive medications and analgesics, albeit rarely, for V.L.
- 22. Olsztyn initially told the Board, in 1995, that he had been divorced from Janet Lochrie since 1983. Later, in 1996, he said he re-married Janet Lochrie on August or September 1, 1994.
- 23. Between August 23, 1993 and April 8, 1994, Olsztyn wrote seven (7) prescriptions to Janet Lochrie for Percodan. The prescriptions were filled at Osco's (#s 257794, 296811), Crandalls (#s 237057, 238422, 239872) and Smitty's (#s 112444, 113839).
- 24. Olsztyn stated that he had prescribed psychoactive medications and analgesics, albeit rarely, for Janet Lochrie.

- 25. Janet Lochrie denied receiving the prescriptions listed in paragraph 23, and denied that Olsztyn had ever treated or prescribed for her.
- 26. Olsztyn denied writing the prescriptions listed in paragraphs 12, 15-18 and 23.

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- 27. A questioned documents examiner with the Arizona Department of Public Safety reported that, in his expert opinion, Olsztyn had written the thirty-two (32) prescriptions he examined which are the subject of paragraphs 12, 15-18 and 23. This opinion evidence is uncontroverted.
- 28. In response to the Board's request for records in January 1995, Olsztyn denied that his son, Jason Lochrie, or his ex-wife, Janet Lochrie, had ever been his patients, and thus had no patient records on them.
- 29. Olsztyn denied calling in the prescriptions, having patients or knowing the people "Jason Lake" and "V. Schlosser".

  Olsztyn later acknowledged that his son used the penname "Lake" and, through his attorney, that V.L.'s maiden name was Schlosser.
- January 1995, Olsztyn submitted a written statement dated 5-14-95 in which he denied having any records for "R.S." stating she was his accountant and not his patient. Subsequently, he provided patient records for "R.S."
- 31. On or about September 30, 1994, Olsztyn caused the Phoenix Police to serve a restraining order on Janet Lochrie, preventing her being at the office, thus terminating her services as office manager. Olsztyn began divorce proceedings against Janet Lochrie.

33. On or about April 15,1995, Olsztyn re-hired Janet Lochrie as his office manager.

- 34. On or about May 12, 1995 Olsztyn reported to the Phoenix Police Department that a recently discharged staff nurse had called in prescriptions for herself for Tinume (or Tenuate). The nurse was identified by a private investigator as the person who attempted to pick up the prescription.
- 35. Between January 4, 1996 and July 5, 1996, three (3) prescriptions for Synthroid, Prozac and Fiorcet were called into and filled by Osco's for "Janet Johnson" a person having the same address as Olsztyn's ex-wife.
- 36. In testimony before the Board, Olsztyn admitted that he did not have adequate control over his office staff and procedures with respect to many internal management issues and particularly his procedures for prescribing. Olsztyn further testified that he was taking some measures to correct these problems.
- 37. The annulment of Olsztyn's second marriage to Janet Lochrie was accepted by the Maricopa Superior Court on April 12, 1996, retroactive to January 11, 1996.
- 38. On or about December 2, 1993, in an intake medical history for his neurologist, Olsztyn reported taking 2.5 m.g. of Dexedrine three times a day for the past several months.
- 39. In testimony before the Board, Olsztyn provided three different explanations of where he obtained the Dexedrine

described in paragraph 38:

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- a. that he had written himself a prescription for it
- b. that he had taken one (or one-half) tablet from a prescription written for his son in 1993 by his son's psychiatrist.
- c. that the tablet had been left over from a prescription written for him by a psychiatrist years before.
- 40. On or about February 10, 1994, the neurologist wrote the first of three prescriptions for Dexedrine to Olsztyn. On July 25, 1994 the neurologist noted in Olsztyn's patient record that he would no longer prescribe Dexedrine for Olsztyn.
- 41. On or about October 5, 1995, when seeking treatment for a head injury from the neurologist, Olsztyn reported he had taken 5 m.g. of Valium prior to seeking treatment.
- 42. Olsztyn said he obtained the Valium described in paragraph 41 from remainders still in his possession from his involvement in the original 1961-63 DEA trials of the drug.
- 43. On or about September 1995, the Board requested that Olsztyn submit to a urinalysis drug screen. Olsztyn refused to submit to such testing.
- 44. On September 21, 1995, Olsztyn's neurologist wrote him a prescription to undergo a urinalysis drug screen. Olsztyn provided that sample for testing on October 1, 1995, ten days later.
- 45. On or about November 15, 1995, the Board requested Olsztyn to submit to a urinalysis drug screen. Olsztyn did submit to urinalysis on the date requested by the Board.
  - 46. The results of the drug screens listed in paragraphs 44

and 45 were negative.

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- 47. During these proceedings, the Board took notice of the medical fact that Dexedrine clears the human system in ten days.
- 48. At the informal interview on March 27, 1996, Olsztyn's treating neurologist stated to the Board that, in his medical opinion, Olsztyn does have drug abuse potential.
- Dr. Olsztyn agreed to submit to and pay for the psychiatric/addiction evaluation by Marilyn Vache', M.D. on April The Board and Dr. Olsztyn acknowledge that 4, 1997. recommendations from Dr. Vache' would be received and considered by the Board. In Dr. Vache's report of June 27, 1997, she recommended monitoring of Dr. Olsztyn's practice and management and review of his prescription writing practices. In addition, Dr. Vache' recommended Dr. Olsztyn to continue with his ongoing psychotherapy and that quarterly reports be provided to the Board. She also suggested that Dr. Olsztyn may benefit from some individual counseling regarding patient/physician boundaries. After reviewing Dr. Olsztyn's history and extensively interviewing both Dr. Olsztyn and his ex-wife with respect to his possible substance abuse, Dr. Vache' made no definitive finding at this time; but recommended ongoing random urine drug screens. In addition to the report of Dr. Vache', the Board also received letters from John R. Zell, M.D. and Michael A. Sucher, M.D.

#### CONCLUSIONS OF LAW

1. The conduct and circumstances described in the findings of fact constitute a violation of A.R.S. §32-2933(28) for engaging in sexual intimacies with a patient.

- 3. The conduct and circumstances described in the findings of fact constitute a violation of A.R.S. §32-2933(6) for prescribing controlled substances for other than accepted therapeutic purposes.
- 4. The conduct and circumstances described in the findings of fact constitute a violation of A.R.S. §32-2933(35) for knowingly making a false or misleading statement to the Board.
- 5. The conduct and circumstances described in the findings of fact constitute a violation of A.R.S. §32-2933(34) for failing to appropriately supervise office practices and personnel.
- 6. The conduct and circumstances described in the findings of fact constitute a violation of A.R.S. §32-2933(23) for using a controlled substance unless it is prescribed by another physician for use during a prescribed course of treatment.
- 7. The conduct and circumstances described in the findings of fact constitute a violation of A.R.S. §32-2933(20) for failure to maintain adequate records on patients V.L. and J.L.
- 8. The conduct and circumstances described in the findings of fact constitute a violation of A.R.S. §32-2933(19) for any conduct or practice contrary to recognized standards of ethics of the homeopathic medical profession; or, any conduct or practice which does or might constitute a danger to the health, welfare or safety of the patient or the public as this relates to the poor control, practices and management of the office.

Based on the above Findings of Fact and Conclusions of Law, and in the interest of protecting the public, rehabilitating the Licensee and discharging the duty of the Board, the parties agree to the provisions and penalties as follows:

- 1. Dr. Olsztyn's license #004 is placed on probation for a period of three years from the effective date of this Order.
- 2. The period of probation shall include a period of suspension for 60 days to begin at 12:01am September 1, 1997 and conclude at 11:59pm on October 30, 1997. Suspension means that Dr. Olsztyn shall not practice, consult, supervise, or otherwise provide or be involved in any aspect of patient care; nor shall he be in his office or any other facility when patients are, or can reasonably be expected to be, present.
- 3. Dr. Olsztyn shall pay a civil penalty of \$1,000 and reimburse the Board for its costs incurred in this matter in an amount up to, but not exceeding, \$600.00 (six hundred dollars)per a cost statement to be provided by the Board's executive director. Such payment shall be paid to the Board office no later than 90 days from the effective date of this Order.
- 4. From the effective date of this Order, Dr. Olsztyn shall retain and pay for a professional practice monitor, approved by the Board, who shall develop a plan for corrective action and monitor that plan. Dr. Olsztyn shall direct and pay for the practice monitor to prepare quarterly written reports to the Board on the status of his compliance and progress with the plan. In addition to the recommendations made by the practice monitor, Dr. Olsztyn shall not use a signature stamp in his office and

shall not have any relative or ex-relative employed or volunteering at his office after September 1, 1997.

- 5. During the period of suspension and probation, Dr. Olsztyn shall continue in psychotherapy. During probation, Dr. Olsztyn shall inform his treating psychiatrist that the Board has directed Dr. Olsztyn to request a quarterly report be sent to the Board from his treating psychiatrist indicating how he is progressing in his treatment. In addition, Dr. Olsztyn shall submit personal written quarterly status reports to the Board indicating how he is progressing in his treatment programs and in his practice. Dr. Olsztyn's personal reports shall also contain the current name and address of all health professionals he has seen. Both reports from Dr. Olsztyn and his treating psychiatrist shall be due to the Board office on or before the 5th day of the first month of each quarter during probation.
- 6. During probation, Dr. Olsztyn shall submit to and pay for any random biological fluid testing required by the Board. Dr. Olsztyn is noticed that the Board may request testing at a frequency determined necessary in their discretion, but not less than four times per year. Dr. Olsztyn shall have the tests performed by a Board approved laboratory within four (4) hours after a request by the Board. The chemicals tested may be determined by the Board. Dr. Olsztyn shall have the test results submitted to the Board. FAILURE TO COMPLY will be presumptive evidence of a positive urine screening, and would constitute a violation of this Order.
- 7. Upon the effective date of this Order and through the period of probation, the practice monitor shall provide

monitoring of all prescriptions, both written and called in, by Dr. Olsztyn pursuant to the written plan agreed to by the parties attached to this Consent Agreement and Order and incorporated herein by this reference as "Addendum 1". The monitoring of Dr. Olsztyn's prescriptions shall be a separate and distinct requirement of the practice monitor's duties that shall be paid for by Dr. Olsztyn. Any discrepancy found by the practice monitor in this regard shall be forwarded to the Board within 10 days of its discovery. In addition, the Board may randomly audit various pharmacies not less than four times per year for each probationary year.

- 8. During each year of probation, Dr. Olsztyn shall obtain 12 hours of continuing education in medical ethics and 12 hours of continuing education in pain management. During probation, Dr. Olsztyn shall also obtain 5 hours in the area of practice management and 5 hours in medical record keeping. Within 90 days of the beginning of each probationary year, Dr. Olsztyn shall submit a written plan to the Board for approval on how he will obtain these hours of continuing education. Dr. Olsztyn may confer with the practice monitor and present appropriate options for completing these hours. At the end of each probationary year, Dr. Olsztyn shall provide documentary evidence of his attendance or completion of his continuing education hours. The Board will accept signed course certificates of completion.
- 9. It is further ordered that during probation, Dr. Olsztyn shall comply with all statutes and rules of the Board.
- 10. In the event Dr. Olsztyn, at any time during the period of suspension or probation violates any of the conditions or

requirements of this Order, or fails or refuses to perform or permit any of the activities agreed in the above Consent Agreement and order, the Board may take appropriate disciplinary action against him which may include formal proceedings, upon notice and opportunity for hearing, for suspension or revocation of his license.

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ARIZONA STATE BOARD OF HOMEOPATHIC MEDICAL EXAMINERS

Executive Director

Copy of the foregoing sent by certified mail # P 383730 328 by certified mail # this 3 day of

Stanley R. Olsztyn

Copy of the foregoing sent regular mail this 300 day of \_\_\_\_\_, 1997 to:

Stephen W. Myers 3003 N. Central Avenue, Suite 1900 Phoenix, Arizona 85012

Victoria M. Mangiapane Assistant Attorney General Department of Law - Civil Division 1275 W. Washington Phoenix, Arizona 85007

requirements of this Order, or fails or refuses to perform or permit any of the activities agreed in the above Consent Agreement and order, the Board may take appropriate disciplinary action against him which may include formal proceedings, upon notice and opportunity for hearing, for suspension or revocation of his license.

DATED this \_\_\_\_ day of \_\_\_\_\_

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ARIZONA STATE BOARD OF HOMEOPATHIC MEDICAL EXAMINERS

Executive Director

Copy of the foregoing sent by certified mail # \$83730 328 this 35 day of

Stanley R. Olsztyn 4350 E. Camelback Rd., Suite B-220 Phoenix, Arizona 85018

Copy of the foregoing sent regular mail this 3 \_, 1997 to:

Stephen W. Myers 3003 N. Central Avenue, Suite 1900 Phoenix, Arizona 85012

Victoria M. Mangiapane Assistant Attorney General Department of Law - Civil Division 1275 W. Washington Phoenix, Arizona 85007

In the Matter of:

STANLEY R. OLSZTYN, M.D. (H.) Case No. 95-08

#### ADDENDUM 1

### Monitor's Plan for Monthly Medication Monitoring Sue E. Parks, RN, MS - Monitor

1. No pre-signed prescriptions.

2. No narcotics maintained on site, including samples.

3. No call in prescriptions for non-established patients or patients that have not been seen in the office during the past six months.

4. No prescriptions for non-established patients, i.e., friends, relatives or ex-relatives.

5. Medication chart provided by PARKS implemented into chart management (complete and updated each visit).

6. All prescription pads maintained in locked container with key in possession of Dr. Olsztyn only.

7. All prescription pads consecutively pre-numbered by the printer/manufacturer with NCR paper and forwarded to PARKS every 30 days organized in numerical order.

8. All call in prescriptions maintained with same protocol as above (7).

9. Quarterly site visits to validate above compliance with progress reports to the Homeopathic Board.

No call in prescriptions for Schedule II or III drugs. Telefax prescriptions on consecutively pre-numbered prescription pads maintained with same protocol as above (7) are acceptable.

11. Ms. Parks will consult with the Board on the result of pharmacy audits.

# BEFORE THE ARIZONA BOARD OF HOMEOPATHIC MEDICAL EXAMINERS

In the matter of the Informal Interview of)	Complaint No. 95-08
STANLEY R. OLSZTYN, MD(H)  LICENSE NO. 004  )	TERMINATION OF CONSENT AGREEMENT

This matter came before the Board of Homeopathic Medical Examiners for review on July 24, 2000. The Board considered and determined that there was successful completion of all terms of the Consent Order dated July 3, 1997.

It Is Hereby Ordered that no further monitoring by the Arizona Board of Homeopathic Medical Examiners is necessary with regard to the above referenced matter; and

It Is Further Ordered that monitoring of the Consent Order effective July 3, 1997 be and hereby is terminated effective July 24, 2000.

Dated this 27th day of September, 2000

Christine Springer

Executive Director

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